

Natural Grocers Talks
212 N. 48th St, Lincoln, NE
Saturdays, at 2:00 p.m.

- 3/18/2023 **Healing the Dysfunctional Prostate**
- 4/15/2023 **How Posture Affects Our Health**
- 5/20/2023 **How to Understand Your Blood Work**
- 6/17/2023 **Understanding Herbal Nutrition**
- 7/15/2023 **How Stealth Pathogens Sabotage Our Health**
- 8/12/2023 **The Thyroid and Its Dysfunction**
- 9/16/2023 **How Toxicity Affects Our Health**
- 10/21/2023 **Fibromyalgia**
- 11/18/2023 **Chronic Illness in Children**
- 12/16/2023 **Alzheimer's**