

Dr. Firnhaber's Health Talks at
Natural Grocers; 212 N 48th Street
Saturdays 2:00

- *August 26th* *Avoiding the Madness of Menopause (Part 2)*
- *September 30th* *Understanding Chronic Childhood Illness*
- *October 21st* *Dysfunctions of the Thyroid*
- *November 11th* *Resolving Conflicts in Nutrition*
- *December 9th* *Understanding & Avoiding Holiday Stress*